

# OHS & S

## OCCUPATIONAL HEALTH & SAFETY

CONFINED SPACES:  
Rescue By the Book **22**

SAFETY FROM THE TOP:  
Online Training's  
Many Benefits **26**

WINTER PPE:  
Extra Protection  
Needed **32**

FALL PROTECTION:  
Has OSHA Gotten  
It Right? **36**

# Next-Generation Respirators



**Banom**<sup>®</sup>

*Cut-resistant gloves  
for the sheet metal, glass,  
paper, and food industries.*

see page 21